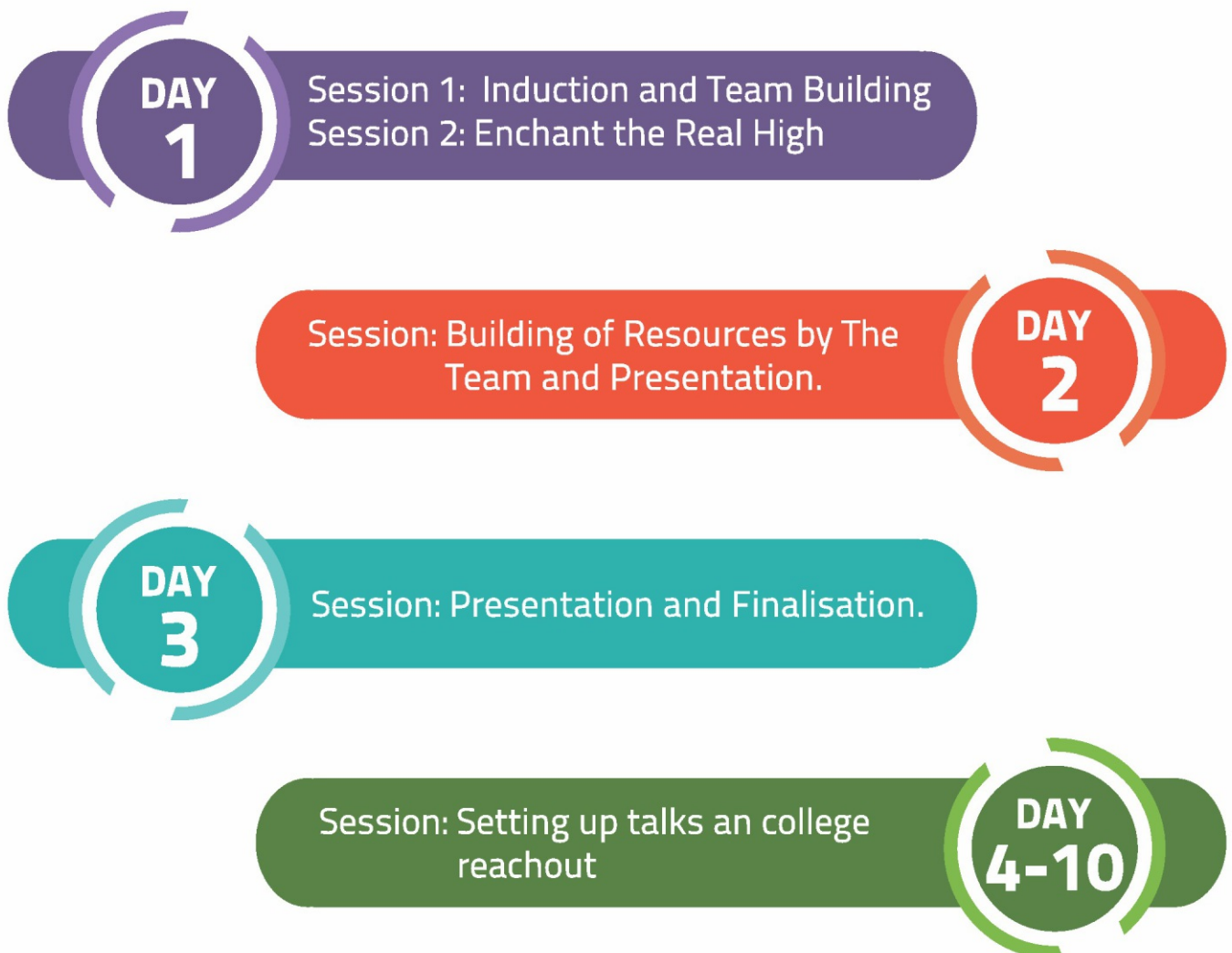


# TCET Social Internship With The Art Of Living

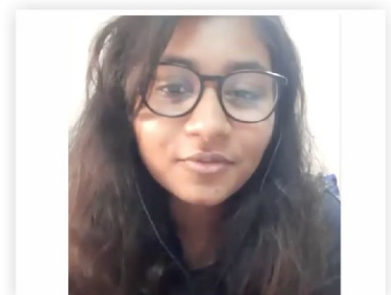
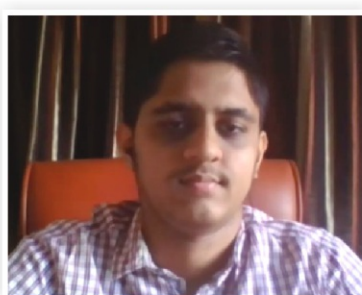
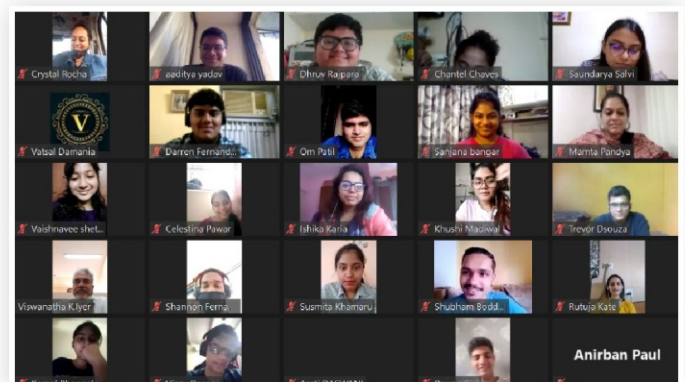
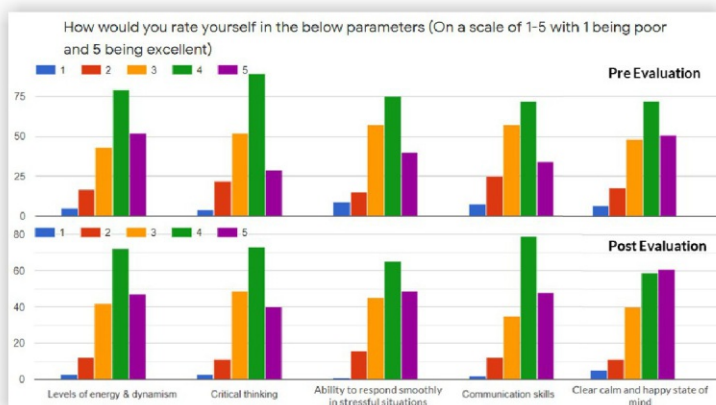
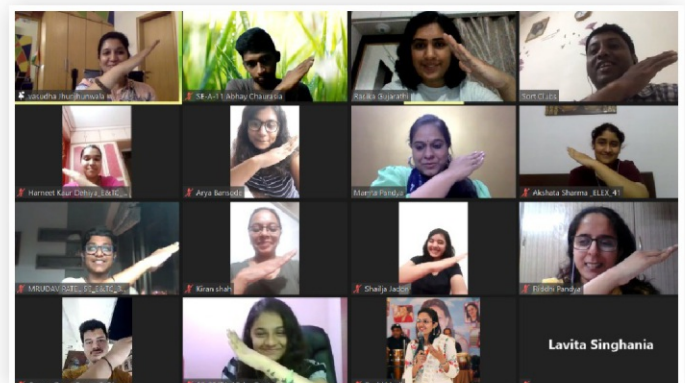
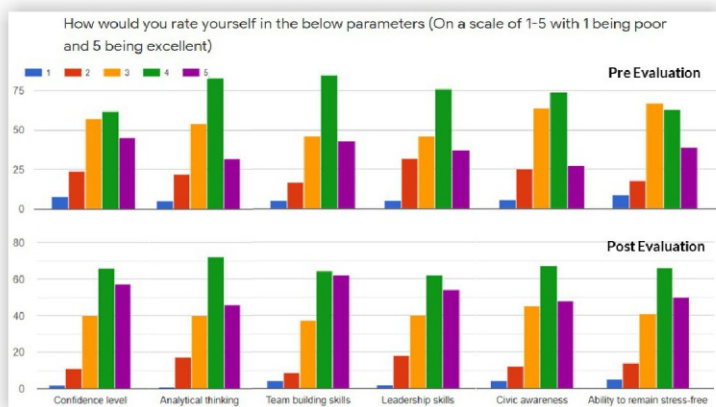
Around 200 second year engineering students of Thakur College of Engineering have completed their Social Internship with the Art of Living Youth Club i.e., SORT Club from 8th Jan to 18th Jan 2021. They had taken up a project of reaching awareness about ills of substance abuse through two hour educational sessions, through Enchant the real High.

## FLOW OF THE INTERNSHIP:



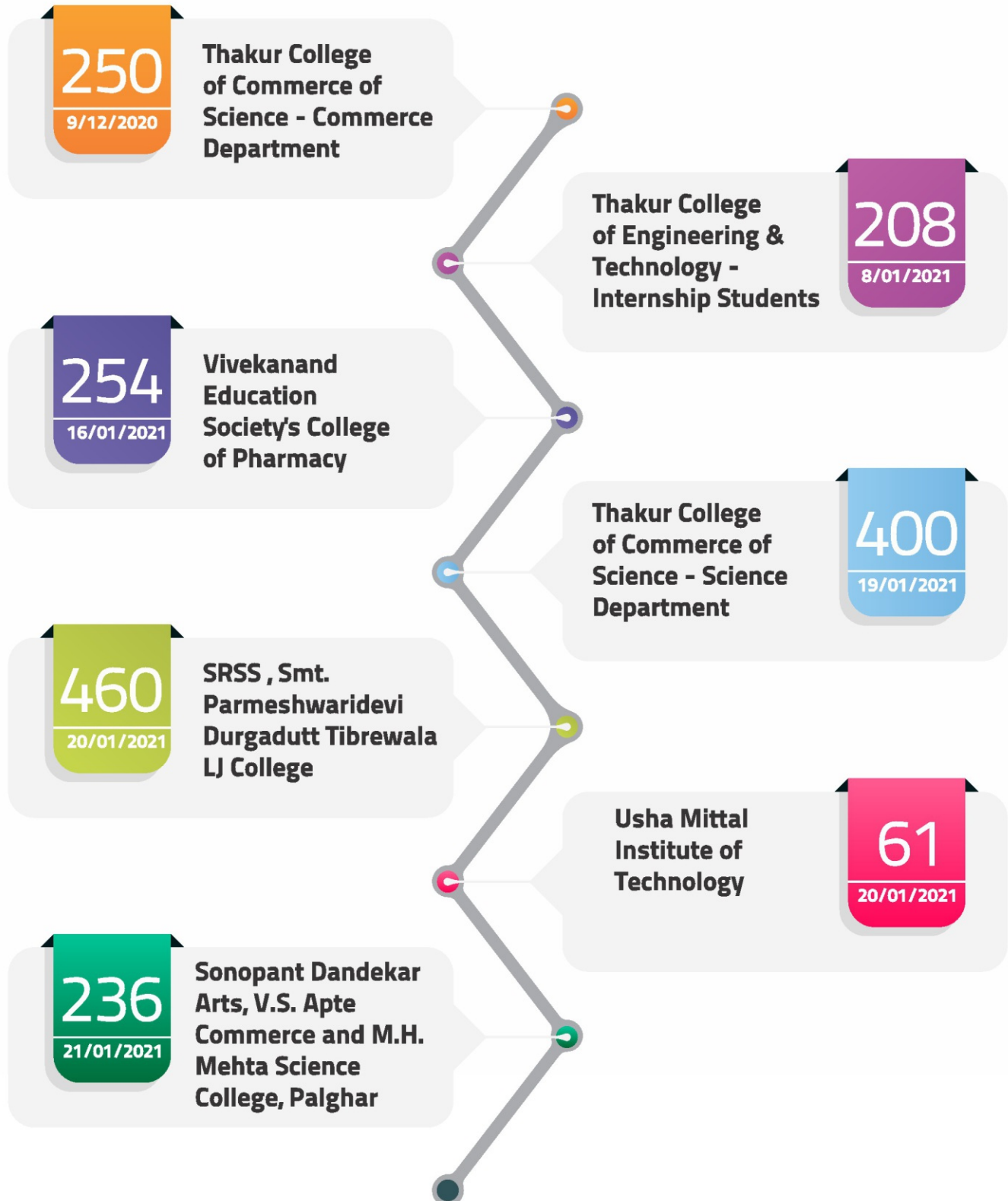
# TCET Social Internship With The Art Of Living

Through the 10 days and 40 hours of Internship students reached out to more than 100 colleges and invited them to organise Enchant the Real High Session in their college. This internship helped them to develop their communication skills, boosted their confidence and created civic awareness. These students were guided by the Art of Living teachers on various topics like poster creation, methods of communication, different modes of technology to conduct the session and also on the soft skills. Students got an opportunity and exposure to interact with higher authorities of colleges and also exhibit their leadership skills. All students taking up Social Internships with The Art of Living saw a remarkable increase in parameters like critics thinking, confidence level, concentration level, communication skills, leadership Skills, ability to remain stress free. The below is the result of pre and post Internship Evaluation.

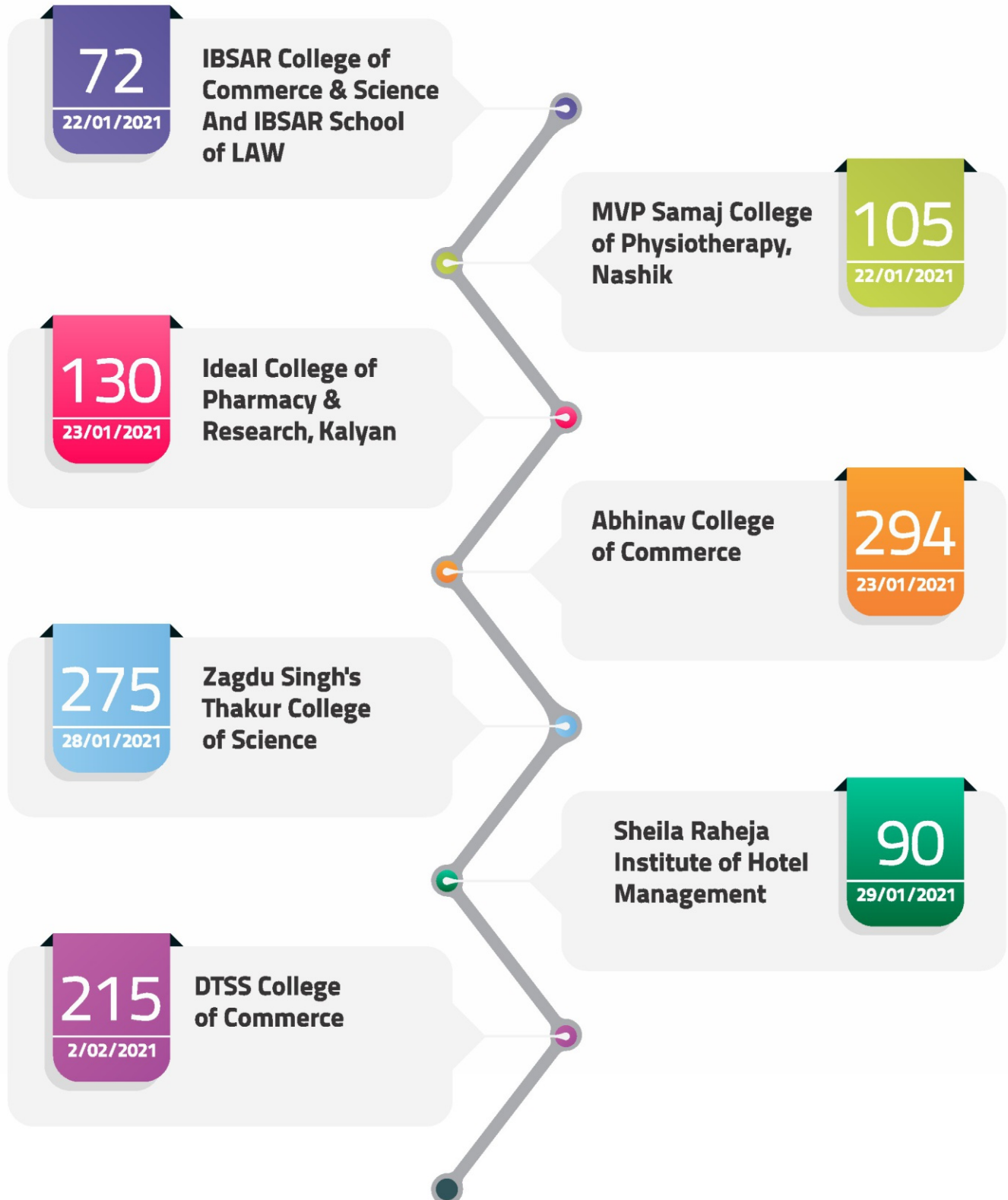




# College Reachout Through Enchant The Real High Sessions

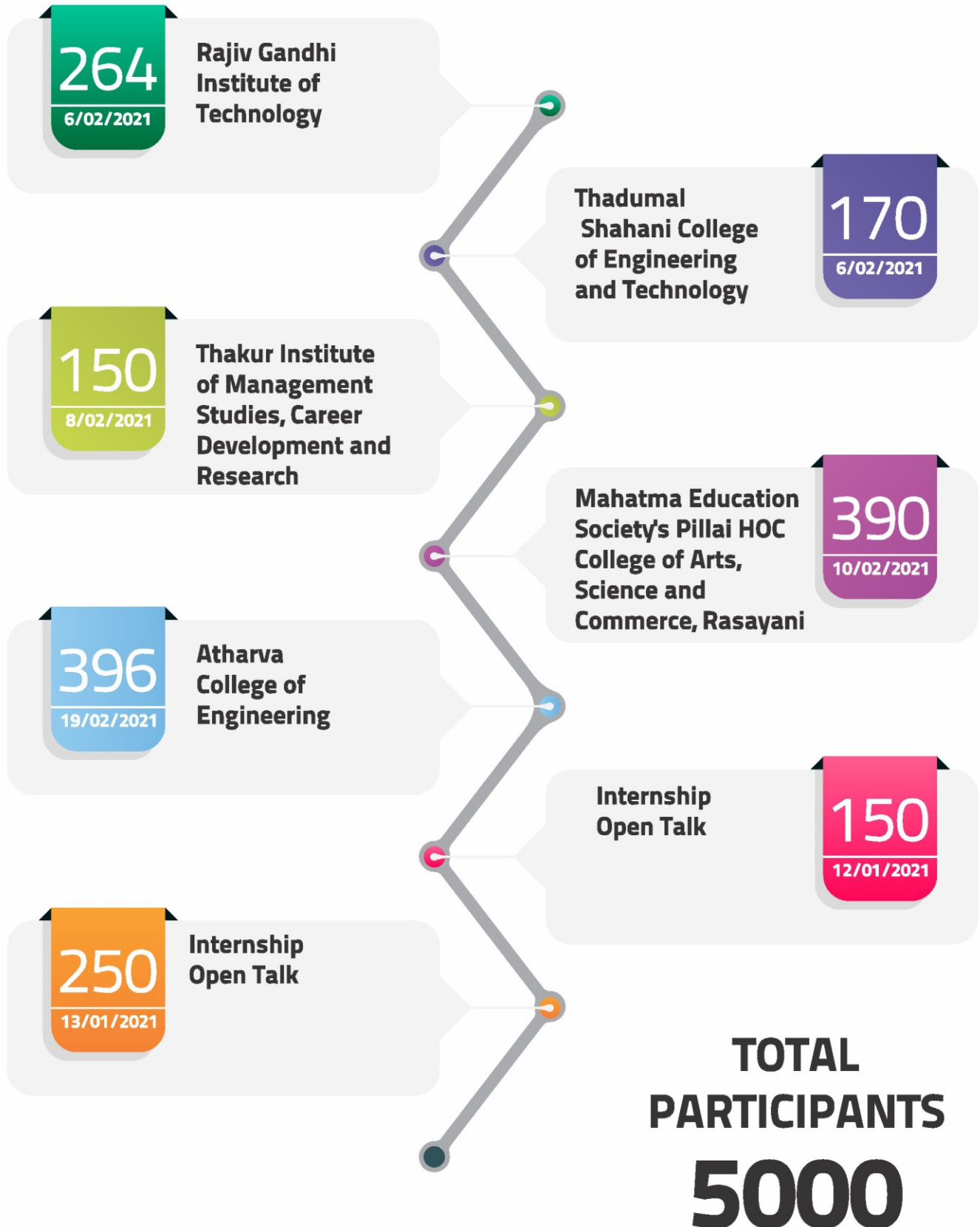


# College Reachout Through Enchant The Real High Sessions





# College Reachout Through Enchant The Real High Sessions





- 200 Students
- 10 Days of Organising
- 19 Colleges
- 21 Talks
- 5000 Students

